

Clear Lake High School Swimming 2017-2018

The following criteria will be used to select the 2017-2018 Clear Lake High School Aquatics Teams. Athletes trying out will be required to attend Monday August 7th at the times listed below. Please contact Coach Melissa Prince at mprince@ccisd.net if you have any questions regarding the tryout process or will be unable to attend the required tryout date.

Everyone trying out MUST have a physical on file with CLHS trainers or bring their completed physical on the day of tryouts. If you do not have it or it is incomplete, you cannot participate in the tryout.

Tryouts are closed to athletes only. Parents will not be allowed in the pool during tryouts.

Tryout Information

The tryouts will be time trials; athletes will swim 3 events: 50 Free, 100 Free and an event of the athlete's choice (100 Back, 100 Breast, 100 Fly, 200 IM, or 200 Free).

Divers should be prepared to do 5 dives (one each front, back, reverse, inward, & twister).

Date: Monday August 7th, 2017

Girls 8:00a-10:00a

Girls/Boys Diving 10:00a-11:00a

Boys 11:00a-1:00p

Event	Suggested Time Standards for Girls			Suggested Time Standards for Boys		
	Varsity Standard	JV Standard	First Year Consideration	Varsity Standard	JV Standard	First Year Consideration
200 Individual Medley	2:30	2:50	3:00	2:10	2:30	2:40
100 Butterfly	1:10	1:20	1:30	1:00	1:10	1:20
100 Backstroke	1:10	1:17	1:25	1:00	1:10	1:20
100 Breaststroke	1:16	1:25	1:35	1:08	1:20	1:30
50 Freestyle	0:28	0:31	0:35	0:24	0:27	0:30
100 Freestyle	1:00	1:10	1:20	0:53	1:05	1:15
200 Freestyle	2:08	2:30	2:40	1:55	2:15	2:25

If you have any questions please email Coach Prince at mprince@ccisd.net